

YOUTH RIGHTS

In California, youth – age 12 and older – have the **right to:**

- ✓ **Pregnancy testing**
- ✓ **Pregnancy options counseling**
- ✓ **Birth control**, including emergency contraception
- ✓ **Abortion services**
- ✓ **Prenatal care**
- ✓ **Testing and treatment** for STIs, including HIV
- ✓ **Pills to prevent HIV**
- ✓ **Alcohol and other drug counseling**
- ✓ **Mental health counseling**
- ✓ **Excuse themselves from school** for these type of appointments^[1]



ALL WITHOUT NEEDING PERMISSION FROM A PARENT OR GUARDIAN AND WITHOUT THEM BEING NOTIFIED. It's California law!^[2]

Free or low cost services available. Scan the QR to find health care near you.



Questions about getting confidential health care?

Call/Text 831-400-6667 and ask for Teen Health Outreach.

[1] To be confidentiality excused for health care, talk to your school's office.

[2] Visit teenhealthrights.org to learn more California Minor Consent and Confidentiality Laws.



PUBLIC HEALTH
HEALTH SERVICES AGENCY